

# Can Your Struggles Be Caused By Ghosts?

Noted Therapist and Exorcist Launches Local Lecture Tour

For more than 45 years, psychologist, healer and bestselling author Wanda Pratnicka has been freeing people from ghosts—performing exorcisms, as they're popularly known.

"I'm able to remotely determine whether someone is under a ghost's influence and lead that ghost away from the person," she says. "I've helped tens of thousands of people from all around the world who reached out to me by phone, email or letter."

Pratnicka wrote *Possessed by Ghosts: Exorcisms in the XXI Century*, the series *In the Wheel of Life* and, most recently, *Know the Truth and Be Free*. A resident of Gdansk, Poland, she discusses her work on national television and at spiritual conferences worldwide. She spoke with *Natural Awakenings* in preparation for her New York lecture tour.

## Who are the people reaching out to you for help, and how often do you deal with a case of possession?

My patients are people of all professions—from housewives, laborers and students to scientists, professors, lawyers, politicians and celebrities. I've been asked for help by priests and nuns, though it might appear that they have professional help at hand. All my patients are similarly unhappy and lost. Many emphasize that I am their last hope, that they've tried literally everything. Doctors, medicines and psychiatric or psychological help were all ineffective. No benefit was derived from unconventional medicine, either. They often believe that the things they felt or that happened to them were unique and happened only to them. They wonder why they are suffering so much. Some statistics say that one out of every twelve people is possessed, and other statistics claim that possession is even more common than that.

## Your profession is mainly known



Wanda Pratkanica

## from horror movies. What are the main misconceptions about what you do?

On the one hand, the media deserve praise for bringing attention to the subject of ghosts, since most people had little knowledge about the phenomenon of possession until then. On the other hand, though, people associate possession with drastic images, which is a great harm to the people possessed. It creates a lot of fear. They think possession means howling and bumping into walls, which is why they don't seek out people like me. The only help for them is to be liberated from ghosts. I guide ghosts away from a distance, so that neither the ghost nor the man knows when it is going to happen and everything happens peacefully.

## How can we recognize when someone is under the influence of a ghost?

The symptoms can occur individually or all together. They include persistent headaches, stomachaches, chronic fatigue, heaviness, confusion, apathy, depression, racing thoughts, anxiety, unstable moods, insomnia, paranoia, discomfort, feelings of helplessness, constant emotional pain, lack of control over emotions, suicidal thoughts, alienation, addiction and even financial problems. When a ghost is led away, the symptoms simultaneously go away as well.

## Why don't you need direct contact with a possessed person to free him or her from a ghost?

For me, as an exorcist, as well as for ghosts, time and space don't exist. When I want to talk to a ghost, it does not matter where it is—in the next room, a block away, or on another continent—I have the same contact with it as if it were sitting right across from me. Because I can perform exorcisms with the same effect, or even better, from a distance, I stopped performing them next to the possessed person. I don't need to have personal contact with the possessed person; I just need his or her personal information in order to precisely locate the person when I start cleansing them. The personal details can be provided to me in various ways—via email, phone, letter or fax.

### Wanda Pratkanica "Life After Life" Lecture Tour

**March 18-21**, Fri-Sun  
NEWLIFE Expo - Penn Plaza Pavillion  
401 7th Ave., NYC Booth # 314

Lectures schedule:  
Fri-7pm, Sat-4pm, Sun-3pm

**April 1**, 7:30-9:30 p.m.

Union Arts Center  
2 Union St., Sparkill, NY

**April 2**, 2-5 p.m.

Awakening NY  
605 Manhattan Ave., Brooklyn

**April 9**, 2-5 p.m.

The Quest Bookshop  
240 E. 53<sup>rd</sup> St., NYC

**April 10**, 1-4:30 p.m.

3 Elements Healing Arts Center  
34-34 Bell Blvd. Bayside, NY

*Space is limited. To register for the lecture or schedule a private consultation, call 914-662-9763 or visit [WandaPratkanica.com](http://WandaPratkanica.com).*